

Manitoba Winter Games Training Camp

November 7, 2009
Burntwood Curling Club in Thompson, MB

12 years and maximum 17 years of age as of December 31, 2010
Born January 1, 1993 to December 31, 1998



Training Schedule to include:

- Introduction and warm up
- Curler evaluation, and set up tuning
- Grips, turns, and sweeping
- Position training and great shoot out.
- And much more!

Open to all intermediate curlers, must register on the MCA website
Curlmanitoba.org

Use the Manitoba Games link, or click on tab for competitions.
Individual registrations will be taken on this site.

For those interested, MCA will also be holding a Competitive Coaching clinic this weekend. This is a new format and replaces the old Level 2 technical course. Please register on the MCA website under the tab Clinics.

Lunch will be provided!!

